Made Lovely by Sorrow

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Devin McDonough
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Rot-gut

4am is a new record.
He's beat his personal best,
creeping in like an old dog
that knows he fucked up.
This time he tastes like whiskey.
He silences me, a bitterness
chews at my lips. His tongue
strokes me into submission
before I can ask questions.
That dull burn gnawing
at my throat when he pulls away
tells me it's the cheap stuff.
What I Really Wanna Say Is

I.
Football sucks.
I don’t get all the tackling
and screaming.
   But then I’d miss Sunday afternoons
   on the couch, and your warmth
   when you squeeze me
   after a touchdown.

II.
You drive me crazy
dragging me out of bed
to jog at 6am. Can’t the calories
wait until the sun comes out...
   But then I’d be waking up alone
   (making breakfast alone, again).
   A slip of paper on your pillow
   saying be back when I can.

III.
I hate seeing you sad.
Shuffling around the house
in week old sweats and tangled hair.
   But then I’d miss how you rest
   you head on my lap, the cute crinkle
   in your nose, and that you chew the inside
   of your jaw when you cry.
Adelaide

She was beautiful
last night
with no rhythm tattooed
on her forehead,
bouncing off beat
to every song.

I was too drunk
and she was there
with me over the trashcan:
her smooth palms on my back
helping me puke.
She brought me ginger ale.

The next morning in class
she was there
in her usual seat by the door.
She was still beautiful:
Those same soft hands fidgeting
with her mechanical pencil
as she leaned in to ask
if I was feeling better.
Rot-gut II

Your stupid face
got me thrown out
the bar last night.
I thought I saw you
looking up at me
from the bottom of the glass:
sexy, still mine,
dripping in yes.

I saw your chin peering
just above the meniscus,
so I downed you shot for shot
trying to catch up, wanting
to feel you inside
me one last time.

The cab driver didn’t like
you either. You smelled
bad on his carpet.
Facetime

I recall my day through fuzz,
rough stops and starts:
    went
class
ate
had

rehearsal.
Her almond eyes crawl
from the screen, wide
as she tells another wild story:
dogs
chased
raining
mud
tripped
Poor connection keeps us brief.
Frozen mid-laugh
and fixed in stillness,
she grins with lips parted
revealing cavities
I never knew she had.
Fortune Cookie Wisdom

I.
Today is your second chance.

II.
Love like clockwork—
it'll be worth every second.

III.
Get out of the house,
not everyone is crazy.

IV.
One day you will find
the right words
and they will be simple.

V.
Death is not your enemy;
it's life that such a tease.

VI.
You should have applied
to that job. Too late now.

VII.
Call your mother.
Tell her you love her.
She could die tomorrow.

VIII.
It’s not him; it’s you.

IX.
Make public your flaws
and rectify your sins.
Rot-gut III: Date Night

Three martinis in,
unable to stand
the silence—
You say, “you look pretty”
    No, not pretty.
    I want you
to find me beautiful,
anything, just not
“pretty”—to notice
    the brown highlights
    and $60 I spent on this dress
or the missing 10 pounds
to linger
in your bloodstream,
to fall in love
with the way I look tonight.
The hairs on your arms saluting
on sight, and nothing to say
except wow.

But you reek
of boredom and better
things to do: looking past
me, hypnotized by the red
paisley wallpaper against my back.

In the same breath, you yawn
and ask the waiter
for another round—
something stronger.
Razor

My boot smashed against the plastic. 
The hard edge of my heel snapped 
the handle—separating head and body.

A jagged corner 
of the blade accidentally 
nicked the fatty tissue 
of my thumb 
when I picked it up. 
Kernels of blood peered 
from beneath the flap of skin. 
(At least it works)

I welcomed the sting 
of metal on my wrists, 
snagging on bits of hair 
and flesh. The red cascaded 
down my arms, racing 
toward an old Wendy’s napkin 
keeping stains from Mama’s 
clean carpet.
Proximity

No arousal like the pitcher’s grip
of my left hand over a slippery
Granny Smith apple while my right
quickly filets. The blade brushes
my knuckles as it drops up
and down, its touch grows intimate
as it reaches the core—
running out of apple,
inching closer to my skin.

Or the rapture
that comes from bringing
the flat-iron to my crinkled
grass like hair, testing how high
I can crank the heat
without burning my scalp.
Close Call

They strike our rear
tearing along I-75.

Mama’s purse flies
off the backseat
to join us up front.

Pieces of tail light
smack and crunch
on the concrete.

She swings her arm
toward me in the passenger seat.

In a rush,
they disappear behind
smoke and traffic.

A forcefield to keep me
from charging head first
through the glass—
She knows she’s stronger
than seat belts.
2427 Wythe Ct.

She'll be comin'
round the mountain
when she comes

I sing, plopped down
in my forest green
kiddy chair, waiting
for Mama on Granny's
porch.

My heart jumps
at the noise of an engine
in a full crescendo
rounding the corner.
But it is not her black truck,
her smiling face behind
the wheel, or Powerpuff Girl
cushion in the backseat.

No, strangers pass
looping around the soft curve
of the street. Torture in slow
motion as the wrong cars
linger—gently caressing
the belly of the cul de sac.

I lie in wait
for Mama,
wishing I could tell time.
At Midnight

Be nice or his eye’l kill you dead.
(mama’s so dramatic)
Sweet Balor, misunderstood,
came to visit me
swapping stories of sinners,
how we loathed the sun.
All the while duct tape
strapped to his Tell-Tale eye.
(because maybe mama was right)

Tucked in. Over edge
dangling foot, he flicked
my toe—his see ya!
til next time.

Can’t
sleep.
Someone new, uninvited—
Boogeyman…
noisy Baba Yaga?
Yes, must be, shriveled old hag—
Granny pokin’ her ugly face
(Ungodly hour!)
through the crack
in my door.
The Voices

Hector, the tiny man
with a squeaky voice, needlessly
screams conspiracy theories
while I rock back and forth
scared but fully convinced:
  OJ had a partner...
  Shakespeare is a fraud.
  Is that Tupac sitting across from me?
  Anne Boleyn was innocent.

He’s competing with the older
and much louder Myrtle in my right ear
hurling bitter insults:
  That hair-do is a no.
  Why would you leave dressed like that?
  Did you even try today?

I swear I don’t have lice—
my instant response
to the critical eyes all over me
as I smack my head around
trying to shake loose
my unwelcome guests.
Hermit

Another day of napping
until 6pm, rolling over
to my roommates
laughing
and hot grease crackling
as they prepare
another 'house' meal.

I watch from the crack
in my door like a child uninvited
to the grown up's table:
silent, in awe of what I'm missing.
I can never get my headphones
loud enough to cancel
out their fun.

No one is coming
to ask me
if I want steak
or conversation.
I take the lunchable
from the mini fridge
and begin the trek
back to my bed—
clearly marked by the impressions
from my slippers
rubbing the carpet raw.
First Funeral

Mama thought it ironic
that he was never here
and that now she had to be.

To spite him one last time
she settled in the back pew
close to the exit.
She moved only once,
tip-toeing to the casket:
she said she wanted
to be certain her father
was really dead.

In three hours
only a single tear
fell from her face
and like a bead of sweat
she slid it away
with the back of her hand.

She looked down at me,
her dimples betraying everything
I thought I knew about the day.
She smiled; I expected her to ask
me if I wanted ice cream.
Another Father-Daughter Dance

We are imposters:  
mother's boyfriend and daughter.  
He is too dark to be mine.  
I am too light to be his.

Girls dance atop their father's feet  
so close, familiar.  
My cheek presses to his belly button,  
arms slack to my sides.

Girls whisper  
in their father's ears:  
*He's not the same man from last year.*
Inheritance

I fed her a false grin
when she insisted:
you are just like your father.
A bitter sting,
hers lip upturned in disgust.

   You have his muddy brown skin,
   the same naps and kinks
   springing from your roots;
   his teeth: perfectly aligned except
   for that hideous gap.

   He gave you that cataract,
   damming you to wear glasses!
   You had such a pretty face...

Stuck to that plastic sofa
I hated Granny
for mocking me. But
I've never seen his face,
so I just nodded
taking it all in as truth.
Mulatto, *adj.*

Such an ugly shade
of brown—
something not natural
  brownie
  borderliner
  mutt
like drops of chocolate
sauce staining
a glass of milk
  *those things should never mix*
maybe,
an acquired taste.
Anniversary

Granny says, "I miss my friend."
Her fingers like bristles sweep
dust from their first photo
as husband and wife.
She grips the worn image
so hard it creases—her veins
scare me, bursting from
her pruned hands.

He died 10 years ago today.
I remind her of him:
the way I say y'all,
the chestnut mole above
my left elbow, the slight
dimple in my chin.

Looking at me hurts,
so she stares at Papaw in
his brown suit, her head
against his coral pocket square.
Loveland, Ohio

*I spent my early years in Ohio.*

I was raised with bees.
Every Spring we played,
waggling around
my grandpa’s farm.

*I got older; my mother and I moved away.*

Years have passed;
I seldom visit.
The bees have died,
my grandpa’s gone with them.

*I visit. Someone else owns the land now.*

Returning home
I avoid the fields
and the new hives,
afraid of being stung.
Notes


Rot-gut (I-III): The titles refers to raw or poor quality liquor.

At Midnight: This poem is in the style of John Berryman's *The Dream Songs*. There are several mythological references in the poem: ‘Balor’ (Irish-Demon/God of Death), ‘Boogeyman’ (Middle English-Monster/Demon), ‘Baba Yaga’ (Slavic-Witch).

Mulatto: The title refers a person of mixed white and black ancestry, especially a person with one white and one black parent, or the offspring of a horse and a donkey.

Loveland, OH: This poem is loosely inspired by Matsuo Bashō’s style of seasonal haikus.
Author's Notes

When I began the capstone course this semester, I will admit, I was nervous. I knew that this collection of poetry had to be my best at Skidmore. This was a mantra that I had not for any accolade or academic purposes, but primarily for myself. I looked back through my folders and saw that over my four years here I have taken five poetry course—four of which were writing intensive. As I recall my previous work I can say proudly that my poetic style and voice has only gotten stronger as I moved from class to class. It was my goal that this collection would continue that trend, that these were poems that I could be proud of as I end my time as an English Major.

Halfway into the semester I realized that these poems started to share a pattern: family. It was by no means intentional. I tend to not write poems about my family, partially because I find it hard at times to capture the nuances of those specific moments or family members. Other times it is just too raw, too fresh a memory to truly tackle from a safe distance. The other half of my poems this semester were quite internal, which is where most of my poetry resides. Only this year I found that I could tap into something deeper, dare I say more truthful in my focus of internal feelings and familiar experiences. I have long had the habit of hiding behind rhyme schemes and metaphors—shielding the true emotions behind a lot of fluff, and giving only the reader enough to get an idea. For the past year or so I have let go of rhymes completely in my poetry, and particularly this semester I have tried to use metaphors as a supporting character in the poems and not as the star. I give partial credit for this shift in style to this final semester of being a senior. I have been in a state of realizing I have nothing else to lose, so why should I not put everything on the line and take bigger risks with my content. The biggest aide, however, was from my time working on the mainstage theater production Balm in Gilead. We began the rehearsal process at the end of January and finished our run April 23rd, so I have been acting in
this production and writing my capstone side by side for months. English, namely poetry, was my first artistic love. It was the first medium I found that truly let me—a self-diagnosed social-introvert—say what I needed to say while maintaining a level of anonymity. Theater came later. I auditioned and attended Stivers School for the Arts in Dayton, Ohio for six years from sixth grade through twelfth grade. It was there that I studied as a theater “major”—finding a new voice for myself. Theater for me, was as academic as writing, because it was a class I went to every day for 6 years, just like English.

Since graduating high school I have had an on-again/off-again relationship with theater. I made the conscious decision not to be a Theater Major in college, and to return to my first love of poetry. I have always kept my foot in Skidmore’s Theater Department, but trying to keep that passion alive while focusing academically on my Poetry and other English classes, there has never been a proper balance of both in my life—and for the first time in 4 years the balance was there, and so was my drive, inspiration, and motivation. It was like high school all over again, going from English class to theater rehearsal. It was the most me I had felt in a very long time and thus I think my writing flourished. So much of this theater production was about finding family and solace in unconventional places, and like the title of this collection says: being made lovely by sorrow. Somehow and somewhere between this class and the mainstage I found time to participate in The Feminist Monologues for the third year in a row. Altogether, it was invigorating and challenging to be pushed mentally and physically for 3 months as an actor and writer because it fueled me and helped to refocus myself when it came to write my poetry. I do not think I could have ever gotten myself to a place emotionally where I felt safe (or comfortable) to write poems like “Another Father-Daughter Dance,” “Razor,” or “Inheritance” if not for the emotional and psychological obstacle course I went on this semester.
In addition to my reconnection with the theater, this has also been a big time for me musically. Admittedly, and unfortunately, I do not read a lot of contemporary poetry. My biggest inspirations are Poe, Dickinson, and Plath, as well as many other poets long passed away. Thus, I am not always up to date with what is fresh, popular, or not working in the current poetic world. My alternative has always been music, another one of my passions. Since this has been such a taxing semester, I have found comfort in the music of several indie-alternative-singer songwriters, because I find them to be some of the best poets I know. Specifically, the music of Keaton Henson (“No Witnesses,” “How Could I Have Known,” and “Lying To You”); Jake Etheridge (“Getting Over You” and “Summer Storms”); and Gavin James (“Nervous”). Each of these artists—or poets—as I would argue share the same quality for being unabashedly honest, to the point that their music is quite heartbreaking and soul reaffirming. I realized that I wanted my poetry to be doing a similar thing, if not for my readers, then at least for me. Once upon a time my poetry did that, but I think I lost focus in trying to satisfy a workshop class and professors, that I forgot why I began writing poetry in the first place: not because I wanted to write these words, but because I needed to.

Trying to reach that point of honesty and realism was difficult, and I fumbled quite hard at times. The temptation is always there to stop myself short before I have truly tapped into the marrow of the poem, and some of my poems do reflect this. Other poems I feel, are the evidence of a time when I let go of self-censorship and allowed my poetry to speak for itself rather than telling the readers how they should feel. The intimate workshop forced me to confront many of my habits and tendencies head on, and the quick turnover of poetry, coupled with my intense rehearsal schedule all made for a Devin I had been missing. I knew there would be times when I was exhausted or too depressed to say what I needed to say, so those were the days where I put
in extra work on the poems as to not let those limitations show or to not let the poetry suffer, rather as my training in theater has taught me: put it on the text. Take what is happening in the moment, or past experiences you can speak on openly and honestly, give name to the parts of yourself that you would much rather bury underneath flowery language and incorporate it into the work. I know the poet’s voice is not always akin to the speaker of the poem, but these poems feel like the closest thing to who I am as a person than any of my previous poems. I believe that as I organize this portfolio, that this is in fact my best work at Skidmore, but it was not without its obstacles and I am a much better writing for having struggled to produce this work.